



**Family Support
Network™ of WNC**

Who Is Mission Family Support Network™ of WNC



Family Support Network™ of WNC

Mission Family Support Network™ of Western North Carolina is a program of Mission Children's Hospital and Affiliated with the Family Support Network of North Carolina, serving Buncombe, Henderson, Madison and Transylvania Counties

our mission

Is to **enhance the lives** of children of WNC with or at risk for special needs by providing **support and information** to the families who care for them and by encouraging **parent and professional collaboration** in the design and delivery of services for these families.

A little about FSN of WNC's history:

- ❖ 1998 –FSN of WNC was established as a parent to parent program for families in Western North Carolina by Mission staff, an host of community partners and parents.
- ❖ 1999 – the program became a part of Mission services within the Genetics Dept.
- ❖ 75% of funding comes from Mission, 25% from outside grants

Family Advisory Council

- 51% parents of children with special needs
- Children's Developmental Services Agency (CDSA) Representative
- Health Department Representative
- Pediatric Representation
- Mission Children Service
- Public Schools
- Vaya Health



Services of the FSN of WNC include:

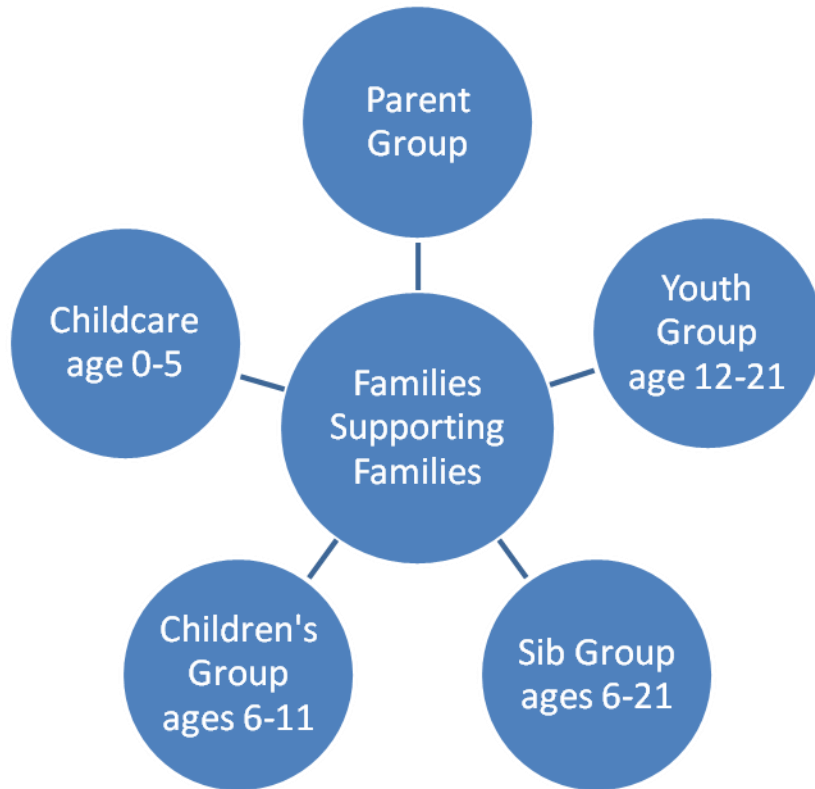


Peer Mentoring

One of the primary function of the Family Support Network is to provide families faced with special health care, behavioral or physical needs of their child, with emotional support and information from other families with similar life experiences.

Family Group Nights

Families Supporting Families



Support is essential for parents and caregivers raising children with special needs. Family group Night allows each family member to attend a group that addresses their needs!



Family Resource Center

One of the first steps in begin the process of parenting a child with special needs is to educate yourself about the diagnoses.



*Discipline/Behavioral resources, Autism Speaks 1st 100 Days
Teaching Social Skills, Visual Aids/Schedules, SSI/SSDI
Guardianship packet, Care notebook , Adult Transition Guide
And more*

Project SPEAK

(Supporting Parents through Education and Application of their Knowledge)

- Sharing their story and speaking to classes, in-service trainings and conferences
- Becoming a parent representative to local boards, committees or councils
- Provide a training on a topic that will make a difference for children and families in our community



Stepping Stones Triple P (Positive Parenting Program)


- Evidence based parenting program
- Addressing Children ages 0-12 with a developmental delay, disability or chronic health condition.
- Parents choose the strategies and ways they use the information to work best for their families.
- Stepping Stones is based on Triple P's positive parenting strategies, helping parents encourage desired behaviors, cope with stress, develop a close parent/child relationship and teach children new skills.



Services of the FSN of WNC include:

Individual Assistance

- Navigation of Services
 - Vaya Health
 - School-IEP/504 Plans
 - Financial Support (SSI/SSDI etc.)
 - Medical Health Home
 - Vocational Programs (VR, Project Search)
 - Guardianship or Alternatives
 - Community Programs

 **Family Support Network[™] of WNC**

Date: _____ Referred by: _____
Family name: _____ Child's Diagnosis: _____

Rx: Family Support Network[™] of WNC

Parent/Caregiver Support

- Peer Mentor Information
- Family Group Information

Educational Support (for parents/caregivers/community providers)

- Resources and Information Packets | Topic? _____
(i.e. Transition Guide, Care Notebook, Guardianship, Homeschooling, SSI, etc.)
- Specialty Lending Library | Topic? _____
- Triple P (Positive Parenting Program)
- Visual schedules/aids
- Assistance navigating services
(i.e. school issues, community services, Innovation Waiver, CARIC, etc.)

Community Networking Activities

- Information on Community-wide Initiatives
- Parent Leadership opportunities

NOTES _____

Family Support and Outreach Coordinator
Suzan Muldowney, Kerri Eaker and Jessica Edwards

All services are free and confidential

Located in the Mission Reuter Children's Outpatient Center
11 Vanderbilt Park Drive | Asheville, NC 28803
missionchildrens.org/family-support-network.php

PH-1683-0305 16 **828-213-0033 or 888-810-2800, ext 2**

Services of the FSN of WNC include:

Inpatient Services

- Families receive education, support and navigation services
- Services provided to all units that service children at Mission Hospital
- NICU, Pediatrics, Copestone, Emergency Room

NEW! Pediatric Offices

- Families who have children with Behavioral Health and Developmental Disability Challenges will begin receiving Family Navigation Services. (Pilot Project)

Educational Sessions

- Annual Transition to Adulthood Conference
- WNC School Networking Night
- When Behavior is a Challenge: De-escalation is the Tool
- Surviving Puberty
- IEP Clinic- ECAC
- Person Centered Planning
- Nurturing Resilience in our Families

MISSION
Children's Hospital

Family Support
Network[®] of WNC

**6th Annual Regional
Transition into
Adulthood Fair**
*What happens next?
Post-secondary Education, Work?*

Saturday, October 1, 2016
*Registration Begins at 10:30am
11:00am to 5:00pm*

*A Journey Toward Independence:
Positive Outcomes for
Youth with Disabilities*

**Mission Health/A-B Tech
Conference Center
340 Victoria Road
Asheville, NC 28801**

In Collaboration
with many
Community Partners

NCCDD
North Carolina Council on
Developmental Disabilities

Spooky Mountain LME/MCO
Moving community, work, and people in line.

The Arc.
North Carolina

Family Events

Annual Holiday Celebration



July Family Picnic

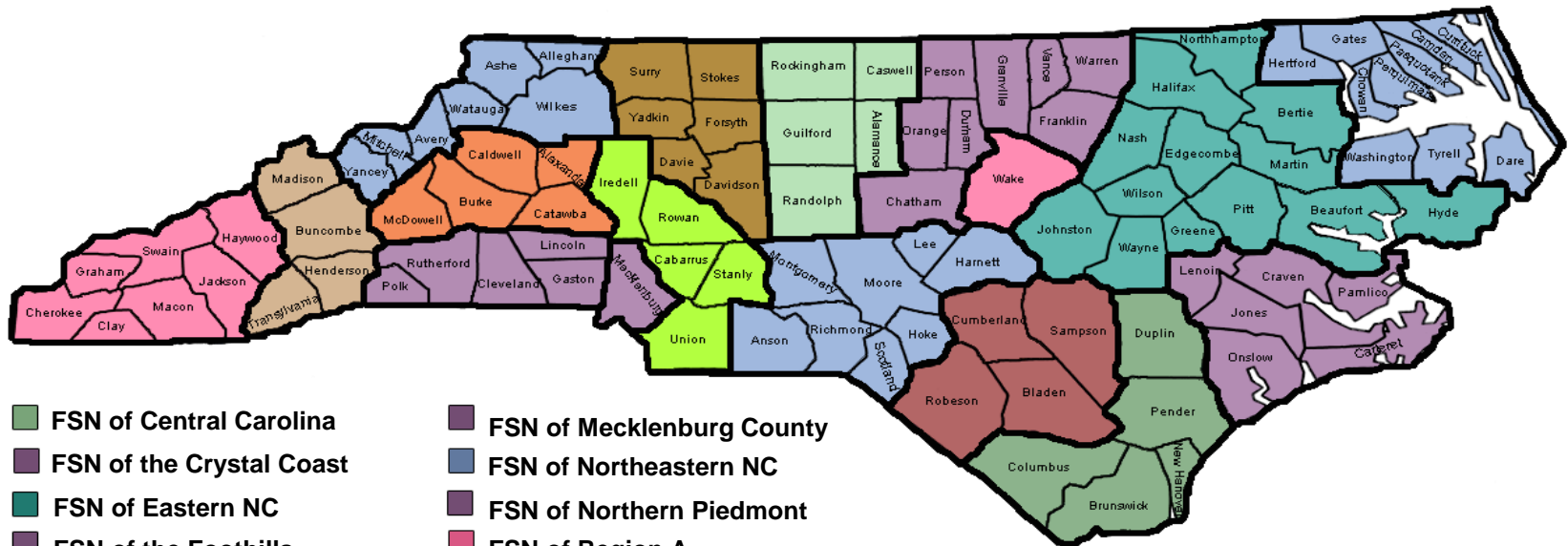
What's so special about the FSN of WNC?

FSN is part of a network of programs across North Carolina and can offer referrals and information to other such programs statewide and nationally.

All services are provided at
no cost to families by staff with lived experience




Family Support Network™ of North Carolina



- | | |
|---|--|
| ■ FSN of Central Carolina | ■ FSN of Mecklenburg County |
| ■ FSN of the Crystal Coast | ■ FSN of Northeastern NC |
| ■ FSN of Eastern NC | ■ FSN of Northern Piedmont |
| ■ FSN of the Foothills | ■ FSN of Region A |
| ■ FSN of Greater Cape Fear | ■ FSN of the Sandhills |
| ■ FSN of Greater Forsyth | ■ FSN of Southeastern NC |
| ■ FSN of the High Country | ■ FSN of Southern Piedmont |
| ■ FSN/Hope Network | ■ FSN of Wake County |
| | ■ FSN of Western Carolina |

NCCDD Initiative Connections

From Planning to Action: Integrated, Collaborative Care for People with I/DD

- DD Plus 
Improving Care for WNC Children with Complex Care Needs in their Primary Care Medical Homes (PCMH)

Project SEARCH

- Mission Health is a Business Partner

Rethinking Guardianship: Building A Case For Less Restrictive Alternatives

- Presentation at Transition Conference

How can you reach us?



**Family Support
Network™ of WNC**

Family Support Outreach Coordinators

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<https://missionhealth.org/member-hospitals/childrens/education-outreach/family-support-network/>