



**Project Contacts**

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**Community Information Sessions  
& Upcoming Surveys**

MY WAY opens doors of communication between families to share their wishes about healthcare they would want if they can't speak for themselves.

If you already attended at Community Information Session, the six month survey is beginning to come due. Please look for a postcard with your due date. A \$25 gift card will be mailed after completing this last survey by phone or in person.

For those who enrolled in the research arm this summer, the community information sessions are coming up in September and October. The dates are listed below. Please look for a postcard with a second survey reminder and a phone call or email. The cards will have the date of the community meal and information session. Choose one Community Information Session to attend.

When	Where
September 8 Noon	Extension Serv. Cherokee
September 13 11 am	John Welch Sr Center
September 13 6pm	Cherokee Co Comm Club
September 19 5pm	Amer. Legion Aux (members only please)
September 20 6pm	Snowbird Sr Ctr
October 13 6pm	Snowbird Comm Club

**Five Steps to Advance Care Planning**

**Step 1**-Pick someone you trust to make health care decisions for you if you cannot speak for yourself. This is your healthcare agent, also known as a healthcare power of attorney.

**Step 2**-Think about what you would want if you were not going to get better. Tell your healthcare power of attorney.

**Step 3**-Write your healthcare wishes down and have it notarized. This is an advance directive.

**Step 4**-Share your advance directive with your healthcare power of attorney and your healthcare providers.

**Step 5**-Talk to your healthcare provider and Support Star about other forms that might be right for you.



**Meet Gil Jackson**



One of the reasons Gil Jackson wanted to participate in advance care planning was his concern for his family. He said a family is already stressed with illness, a person dying or death. There are so many decisions to be made in

a short period of time. Making his plan and letting it be known to his family, is a way of caring for them.

Gil also said that the person who makes a plan is honoring their own life by making sure their wishes are written down and that they are shared with family.

MY WAY, according to Gil, is community-oriented and family-oriented. "It's non-institutional, a relaxed and safe way to learn about life planning." "I need to have a plan," he said. "It will help my family."

*Gil lives in the Snowbird Community and is a Cherokee language speaker and teacher to many students both in EBCI and in universities. He's also an avid hiker who loves his children and grandchildren.*

**What is the Difference in a Will, Power of Attorney, Advance Directive & Healthcare Power of Attorney?**

Legal	Medical
Will-money, land, home & personal items	Advance Directive-healthcare wishes
Power of Attorney-Person you give authority to if you cannot speak for yourself about your personal property.	Healthcare Power of Attorney-Person you choose to carry out healthcare wishes if you cannot speak for yourself.

**EBCI Legal Services**

MY WAY works with EBCI Legal Services to help EBCI members and their families make plans. Bonnie Claxton, Manager EBCI



Legal Assistance Offices, said this, "Individuals can call the EBCI Legal Assistance to have an attorney help them draft and execute a Last Will &

Testament. You can reach the Legal Assistance Office by calling 828-359-7400 to schedule an appointment. In some cases, you can start the process right then on the phone."

**Remembering Dewey & Jimmy**

*"See, I will not forget you; I have carved you in the palm of my hand." Isiah 49:15.*

**Dewey Cochran** left for his heavenly home May 21, 2022. His wit and friendly manner are greatly missed by family, friends, and his community.

Dewey leaves behind his sweet wife, Gladys and family including Melanie, Hershel, Jack, Chastity, Sarah, Harlie, Sadie, Mary, Geraldine, Uestes, Dot, Cliff, Sharon, Fred, Arlene and Dorothy.

The Towstring Community was Dewey's home and he served as a deacon in the Towstring Baptist Church. Rest in Peace.



*"Now faith is the substance of things hoped for, the evidence of things not seen." Hebrews 11:1*

**Jimmy "Bo" Craig** went to be with the Lord on July 14, 2022. His sweet spirit is missed by family and friends.

He left behind his loving wife, Norma, and family including Shauna, Clint, Deb, Jaikab, Sheena, Izzy, Frankie, Carys, Lyric, Huxley, Kylo, Aliyah, Evon, Jeannette, David, Holly, James, Sandra, Tim, Pippa, Harper, and Spencer.

Jimmy lived in the Big Cove Community. Rest in Peace.

